

# Expanding Community Awareness of Food Resources in Avondale through the Distribution of a Food Resource Guide



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## Introduction

Avondale is a neighborhood in Cincinnati with a population of 12,466, 77% of which live in rented housing and 40% live at or below the poverty line. The Community Builders (TCB) is a non-profit real estate developer that works to promote asset building, community engagement, childhood education, workforce development, and youth development in Avondale. Despite TCB's housing efforts, a significant portion of Avondale falls under the food desert classification.

## Objectives

- To provide TCB residents with a food resource guide in order to increase awareness of available resources.
- To determine the effectiveness of the resource guide and optimize it for the future

## Methods

Our goal was to create a resource that would connect Avondale residents with the available food resources. We researched the resources and confirmed their locations, hours, and any other eligibility criteria (ie. 'mothers and children only', photo I.D. required, etc.). We then compiled this information into a handout, which was distributed by TCB. After the initial positive feedback we received, we have planned to distribute additional copies to the community through local churches to facilitate widespread distribution.



## Results

- 13 residents were surveyed at the spring quarterly TCB community dinner. 3 of 13 had previously seen the resource pamphlet. Attendance was much lower than anticipated (50-80) because heavy storms made transportation exceedingly difficult for families with young children.
- Residents surveyed reported learning about new food resources regardless of receiving the flyer before or during the dinner.

## Conclusions

Despite lacking quantitative measures of the usefulness and utilization of the resource guide, positive feedback by residents and Health Champions indicated this was a meaningful resource for the TCB community. Overall, we have been able to complete our goal of designing and determining the benefit of a resource for neighborhood residents regarding alternative access to food, which will allow other LCs in our wake to continue to advocate for additional resources in food deserts such as Avondale.

## Acknowledgements

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**Free and Affordable Food in Avondale**  
Last Update: January 2019

<b>Tuesday</b> <b>Gabriel's Place</b> Community Meal 4:30pm - 7pm 5018 Reading Rd.	<b>Friday</b> <b>Carmel Presbyterian Church</b> Non-Perishable Food Pantry 10am - 1pm 3547 Reading Rd. Only Moms of 0-5 year olds
<b>Wednesday</b> <b>Carmel Presbyterian Church</b> Non-Perishable Food Pantry 10am - 1pm 3547 Reading Rd. Only Moms of 0-5 year olds <b>Mobile Market</b> Fresh Produce and Essentials 1:50pm - 3:50pm Reading Rd and Forest Ave. near the Lincoln Statue	<b>Saturday</b> <b>Greater New Hope Missionary</b> Food Pantry 3rd Saturday, 10am - 12pm 3655 Harway Ave. <b>Corinthian Baptist Church</b> Food Pantry 3rd Saturday, 11:30am - 1pm 772 Webster St.
<b>Thursday</b> <b>New Vision United Methodist</b> Food Pantry 3rd Thursday, 11am - 2pm 4400 Reading Rd.	<b>Resources Near Avondale</b> • Kroger - accepts EBT • Food4Less - accepts EBT • St. Charles Interfaith Food Pantry • Walnut Hills Food Pantry • Walnut Hills Kitchen - soup kitchen • Queen City Kitchen CTR

You might qualify for Food Assistance!  
For more information contact your local Cincinnati WIC (families with children only) office at 513-636-1548 or Hamilton County Job and Family Services at 513-946-1000 or visit www.hcifs.org.

More details about each resource are on the other side of this page. Please call ahead to confirm that the resource is still available.

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If you are in need of further resources, or if you have any additions or corrections, please contact Jodi at 513-766-8082 or jodi.cunningham@hamiltoncounty.org

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For more general information about food assistance, please see the other side of this page.

	Phone Number	Requirements	Proof of Residence	Other Information
Carmel Presbyterian Church	(513) 281-4388	✓	✓	Only moms of children under 5 years of age
Corinthian Baptist Church	(513) 221-7351	✓	✓	Once a month visit
Gabriel's Place	(513) 221-2306	✓	✓	
Greater New Hope Missionary	(513) 281-1251	✓	✓	
Mobile Market	(513) 241-1064	✓	✓	SNAP/EBT doubles or triples
New Vision United Methodist	(513) 961-4817	✓	✓	43229-area code only

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