

UCMC Liver Transplant POST TRANSPLANT CLINIC & LAB SCHEDULE

Post-Operative Day (POD)	Visit Type (provider discretion)	Visit Frequency	Lab Frequency	Labs Required
1 st Visit	In Person	Weekly → every other week	2x a week	Liver Panel, Renal Panel, CBC w diff Drug Level ¹
0-30 days (1 st month)	In Person or Video			
31-60 days (2 nd month)		Every other week	2x a week → weekly	Liver Panel, Renal Panel, CBC w diff Drug Level ¹ <u>Day 30:</u> Magnesium, HIV NAT, HBV NAT, HCV NAT ² , Peth ⁴
61-90 days (3 rd month)		Every 3 weeks	Weekly	Liver Panel, Renal Panel, CBC w diff Drug Level ¹ <u>Day 90:</u> Magnesium, Lipid Panel, Hgb A1C, 25 OH Vitamin D, Peth ⁴
91-180 days (4-6 months)	In Person	Monthly	Every 2 weeks	Liver Panel, Renal Panel, CBC w diff Drug Level ¹ <u>Day 180:</u> Hgb A1C, 25 OH Vitamin D, Peth ⁴
181 days – 1 year (6 months – 1 year)		Every 2-3 months	Monthly	Liver panel, Renal Panel, CBC w diff Drug Level ¹ <u>Day 365:</u> Lipid Panel, HgbA1C, HBV NAT ³ , HCV NAT, Peth ⁴
1-3 years		Annually	Every 3 months	Liver panel, Renal Panel, CBC Drug Level ¹ <u>Annually:</u> Lipid Panel, HgbA1C, Peth ⁵ , Dexa (if prior test abnormal)
> 3 years		Annually	Every 6 months	<u>Every 3yrs:</u> Dexa (if prior test normal)

¹ Drug Level = Immunosuppressant drug level (i.e. tacrolimus, cyclosporine, everolimus or sirolimus)

² Per OPTN Policy as of 3/1/21: HIV NAT, HBV NAT and HCV NAT for all recipients at least 28 days but no later than 56 days post-transplant

³ Per OPTN Policy as of 3/1/21: HBV NAT for all recipients at least 335 days but no later than 395 days post-transplant

⁴ Peth (Phosphatidylethanol): for ALL recipients with diagnosis of Alcohol Liver Disease (Note: test may not be available at all testing sites outside of UC Health)