Keynote Speaker: Dr. Robert Bonakdar

Board certified by the American Board of Family Practice, Dr. Bonakdar is a member of the Division of Integrative Medicine at the Scripps Center for Integrative Medicine in La Jolla, CA. He received his medical degree from the University of Nevada School of Medicine and his undergraduate degree in psychobiology from Occidental College in Los Angeles. Dr. Bonakdar is a Richter Fellow for Independent International Research in the field of Southeast Asian heath practices and studied in Singapore, Malaysia, Hong Kong, China, and Indonesia. He completed a clinical and research fellowship in integrative medicine at the Scripps Center and a residency in family practice at the Sharp Grossmont Family Practice Residency Program in San Diego. Dr. Bonakdar is a member of numerous professional organizations including the American Academy of Family Physicians, the California Academy of Family Physicians, the American Holistic Medical Association, and the American Academy of Medical Acupuncture. He has conducted award-winning research and presented at numerous conferences in the area of herbal and natural medicines. He is the co-editor of the textbook of Integrative Pain Management (Oxford University Press 2016), the author of the H.E.R.B.A.L. Guide: Dietary Supplement Resources for the Clinician. (Lippincott, 2010) and contributing author for Integrative Medicine 4th Edition (ed. David Rakel MD) (Elsevier, 2017).