Complete Listing of COM Faculty Development Programs 2020-21

August 2020

August 31, 2020  Reappointment, Promotions & Tenure
Facilitator: Alex Lentsch, PHD
Via: WebEx
Time: 12-1pm
Learning Objectives: 1) Summarize RPT guidelines and processes
2) Identify the requirements for each level of career advancement
3) Develop a plan to reach the necessary milestones for career advancement
4) Identify and avoid common mistakes made during the RPT process

September 2020

September 16, 2020  Research Mentoring
Facilitator: Jack Kues, PHD
Via: WebEx
Time: 12-1pm
Learning Objectives: 1. Develop a mutually agreeable plan for the structure and function of mentor-mentee relationship.
2. Recognize the domains in which a mentor can be helpful to mentees.
3. Assess progress with the mentee and the mentor-mentee relationship.

September 22, 2020  Tips and Tricks for Productivity, Time Management & Outlook
Facilitator: Ashley San Diego, MS, CHES® and D’Andre Gaymon
Via: WebEx
Time: 12-1pm
Learning Objectives: 1) Identify how time management impacts us professionally and our well-being.
2) Describe 5 common themes to improve our productivity.
3) Plan and practice ways to be productive using Outlook and wellness related resources

October 2020

October 6, 2020  Interviewing Techniques
Facilitator: Jennifer O’Toole, MD, MEd, SFHM
Via: WebEx
Time: 12-1pm
Learning Objectives: 1) Describe common scenarios for conducting interviews in academic medicine
2) Develop a behavioral-based interview scenario/question to select for traits/skills important to a role/specialty/program
3) Discuss ways to eliminate bias and promote diversity in the interview and selection process

October 14, 2020  Team Science
Facilitator: Jack Kues, PHD
Via: WebEx
Time: 12-1pm
Learning Objectives: 1) Review how “Team Science” has become a critical element of research and
training grants
2) Define the basic underlying principles of “Team Science” and how they affect everyday work
3) Describe current CCTST Team Science resources available to support researchers, educators, and administrators

October 20, 2020
Zen In Your Office Den: Yoga while you work
Facilitator: Kimber Andrews, PHD
Via: WebEx
Time: 12-1pm
Learning Objectives: 1) Learn about the benefits of mindfulness and yoga for building focus, attention, and managing every day stress
2) Participate in simple mindfulness exercises that can be incorporated easily into the work day
3) Experience accessible seated and standing yoga poses that can be done in the work environment
4) Make a plan for incorporating simple mindfulness and yoga activities to increase general wellness

November 2020

November 3, 2020
“Can’t we all just get along?” Finding the middle ground that leads to effective Conflict Resolution.
Facilitator: Elizabeth Leenellett, MD
Via: WebEx
Time: 12pm – 1:00pm
Learning Objectives: 1) Identify your conflict style
2) Recognize the fundamental concepts of conflict management
3) Discuss specific conflict management styles and techniques
4) Prepare for a difficult conversation

November 10, 2020
How to Craft a Successful Specific Aims Page
Facilitator: Jen Veevers, PHD
Via: WebEx
Time: 12-1pm
Learning Objectives: 1) Identify the key features of a Specific Aims page
2) Create a conceptual framework for a research proposal
3) Translate a conceptual framework into the outline of a Specific Aims page
4) Understand the do’s and don’ts of a Specific Aims page

November 18, 2020
Joy in Work: Is it Possible?
Facilitator: Jennifer Molano, MD
Via: WebEx
Time: 12-1pm
Learning Objectives: 1) Summarize different definitions of work
2) Discuss barriers to finding joy in work
3) Brainstorm ways to increase joy in work
## December 2020

### December 3, 2020
Leadership: Effectively Managing Teams  
Facilitator: Jack Kues, PHD  
Via: WebEx  
Time: **11:30am – 12:30pm**  
**Learning objectives:**  
1) Distinguish between leadership and management activities in a team  
2) Identify different styles of leadership and how they apply to different types of teams  
3) Utilize strategies to promote optimal functioning within teams  
4) Recognize team dysfunction and its causes

### December 8, 2020
Communicating the Sciences: Media Training for Researchers and Clinicians.  
Facilitator: Cedric Ricks  
Via: WebEx  
Time: **12-1pm**  
**Learning Objectives:**  
1) Why work with media?  
2) Dos and Don'ts when speaking with media  
3) What is news?

### December 15, 2020
Battling Emotional Exhaustion: Choosing to Thrive While Caring for/Supporting Others  
Facilitators: Jamilah Hackworth, EdD and Mallory Minham, MEd  
Via: WebEx  
Time: **12-1:15pm**  
**Learning Objectives:**  
1) Discuss the causes and consequences of emotional exhaustion  
2) Develop an action plan for battling emotional exhaustion including strategies shared in the session

## January 2021

### January 5, 2021
Resilient Leadership  
Facilitator: Evie Alessandrini, MD  
Via: WebEx  
Time: **12-1pm**  
**Learning Objectives:**  
1) Discuss Self-development and coaching others as enablers of resilient leadership  
2) Apply change management principles to advance and enhance leadership resilience  
3) Embrace failures as a way to enhance resilience

### January 12, 2021
Translational Pharma  
Facilitators: Andrew Norman, PHD and Terry Kirley, PHD  
Via: WebEx  
Time: **12-1pm**  
**Learning Objectives:**  
1) The major differences in the philosophy between basic and translational research.
2) How academic scientists can navigate the regulatory environment around pre-clinical development of products intended for human use.

3) The importance of coordination between academic laboratories and Contract Research Organizations

January 19, 2021  Physician Burnout - A Personal Experience Story
Facilitator: Mike Holliday, MD
Via: WebEx
Time: 12-1pm
Learning Objectives:

1) Explain how the individual, local environment, organization and national system factors interact in those with burnout
2) Question dichotomous views of burnout that only address either individual resiliency or system factors
3) Give an example of an integrated approach to increase joy in the workplace

January 26, 2021  T/E
Facilitator: 
Via: 
Learning Objectives:

February 2021

February 2, 2021  Not having one

February 9, 2021  Translating AI to Clinical Care: The cases of Suicide Prevention, Homelessness and Epilepsy Neurosurgery
Facilitator: John Pestian, PHD, MBA
Via: WebEx
Time: 12-1pm
Abstract: I will review how we have applied machine learning, and natural language processing for the early identification of epilepsy neurosurgery, suicide prevention, and homelessness.
Learning Objectives:

1) Understand the difference between structured and unstructured data
2) Understand how to assess the quality of data and the conspirators of error.
3) Understand the types of artificial intelligence and when they are should be used in clinical care
4) Understand how natural language processing can be used for sentiment analysis and its weakness
5) Understand the issues related to reproducibility and study design.
**February 16, 2021**  
**Drop and Give Me 30.....Healthy Cooking in Half an Hour**  
**Facilitator:** Bruce Giffin, PhD  
**Via:** WebEx  
**Time:** 12-1pm  

**Description:**  
Participants will be introduced to cooking techniques and strategies that foster the use of the most healthful foods in fast (30 minute) meal preparation. All participants will receive a document containing some of the presenter’s favorite healthy dinner recipes ready in 30 minutes.

**Learning objectives:**  
Participants will be able to...  
1. Identify the five food groups, and give examples of foods in each.  
2. Explain how *MyPlate* serves as a reminder to eat food from each food group.  
3. Make a healthy grocery list in minutes for nutritious food shopping.  
4. Create a healthy meal containing a food from each food group.  
5. Incorporate strategies and cooking techniques to get dinner ready in 30 minutes.

**February 23, 2021**  
**T/E**  
**Facilitator:**  
**Via:**

**March 2021**

**March 2, 2021**  
**Not having one**

**March 9, 2021**  
**How to Engage/Leverage Shared Research Core Facilities**  
**Facilitator:** Ken Greis, PhD  
**Via:** WebEx  
**Time:** 12pm – 1pm  

**Learning Objectives:** 
1) Understand what it means to be a Shared Research Core facility.  
2) Understand how these facilities are financed and maintain government cost compliance.  
3) Understand which Shared Research Core facilities are available to researcher in the Academic Health Center.  
4) Understand the best practices for engaging with Shared Research Core facilities.

**March 16, 2021**  
**Take Time to Care for Yourself: Wellness Resources at UC**  
**Facilitators:** Ashley San Diego, MS, CHES® & Mary Uhl, M.Ed., SPHR  
**Via:** WebEx  
**Time:** 12-1pm  

**Learning Objectives:**  
1) Learn about UC’s employee wellness program, Be Well UC.  
2) Identify 2-3 ways to engage with Be Well UC.  
3) Build awareness of UC’s Employee Assistance Plan (EAP), Impact Solutions.  
4) Detail UC Benefits Resources
March 30, 2021  T/E
Facilitator: 
Via: 

Learning Objectives:

April 2021

April 6, 2021  Improvement Science: Designing Systems for Better Outcomes
Facilitator:  Sean Josephs, MD
Via: WebEx
Time: 12-1pm

Learning Objectives:

April 13, 2021  Effective Virtual Meetings
Facilitator:  Josette Riep
Via: WebEx
Time: 12-1pm

Learning Objectives:

April 20, 2021 Narrative Medicine
Facilitator:  Shana Feibel, DO
Via: WebEx
Time: 12-1pm

Learning Objectives:

April 27, 2021  T/E
Facilitator: 
Via: 

Learning Objectives:

May 2021

May 3, 2021  Taking Advantage of Your Annual Performance Review
Facilitator:  Alex Lentsch, PHD
Via: WebEx
Time: 12-1pm

Learning objectives:  1) Develop an agenda that allows you to take control of your performance review
2) Formulate realistic expectations and goals by working with your chief or chair
3) Discuss what information you should include in your review and why
4) Review what topics you should discuss with your chief or chair
5) Summarize how to deal with uncomfortable discussions

May 18, 2021  How to recognize signs of mental illness in others (and yourself!), tips, and resources”-Draft Title
Facilitator:  Christopher Marett, MD, MPH
Via: WebEx
Time: 1:30pm – 2:30pm
Complete Listing of COM Faculty Development Programs 2020-21

Learning Objectives:

May 25, 2021
T/E
Facilitator:  
Via:  

June 2021

June 1, 2021  Sharpening Your Empathic Response to Patient and Family Emotion
Facilitator:  Douglas Smucker, MD
Via:  WebEx
Time:  12-1pm
Learning Objectives:

June 16, 2021  I Don't Have Time For That......Work-Life Balance On A Schedule
Facilitators:  Michael Archdeacon, MD, MSE and Dani Zander, MD & Ashley San Diego, MS, CHES®
Via:  WebEx
Time:  12pm – 1pm
Learning Objectives:
1) Appreciate The Dependency of Work-On-Life & Life-On-Work
2) Identify What Is Important To You And Prioritize
3) Discuss “What Has Worked” For One Individual Looking For Themes & Personal Opportunities
2) Highlight strategies and resources for work-life balance and stress management

June 29, 2021
T/E
Facilitator:  
Via:  WebEx
Learning Objectives: