"CINCINNATI MEDICINE is working a lot for initiatives on diversity and inclusion. We are starting a new advocacy group for LGBTQ health care workers and patients."

SHORTENED QUOTE

HOW HAS CINCINNATI MEDICINE CULTURE HELPED YOU BE SUCCESSFUL?

"The atmosphere at UCCOM is incredible. The amount of support you get from other students, staff and faculty is overwhelming. We’re all a part of the same team."

Jessica, Yi ???
If you love sports, check out the Bengals, Reds, Cyclones, FC Cincinnati soccer or our beloved Bearcats. Interested in the arts? Cincinnati's College-Conservatory of Music is nationally & internationally renowned as a preeminent institution for the performing and media arts. Visit the Contemporary Arts Center, see a performance at historic Music Hall, or listen to new talent at the Woodward Theater. Consider yourself to be the “outdoorsy” type? Cincinnati’s Parks are ranked no. 1 parks system in the US and just outside the city limits (15 miles from downtown), you’ll find a wide range of diverse hiking, biking, canoeing and recreating. With all of that activity, who wouldn’t work up an appetite? Cincinnati was recently ranked 6th Best Foodie City in the nation according to WalletHub. Report named Cincinnati the 53rd best city in the country to live in!

Cincinnati Medicine is celebrating **200 years**!

**Voted #24 among the “Most Beautiful Medical Schools in US”** and ranked among the US’s **“Top 40 College of Medicine’s.”**

**#1 OHIO CITY**

**USA’S BEST PLACES TO LIVE**

BY US NEWS & WORLD REPORT

**TOP 200 GLOBAL UNIVERSITY**
GIVE BACK—IT’S WHO WE ARE

Your passion starts here... Every year our students add new causes. If you don’t see your passion represented here or online, you can create it!

VILLAGE LIFE OUTREACH PROJECT
Change lives and fight poverty in East Africa.

GIVE BACK—IT’S WHO WE ARE

WHAT WILL YOU CHOOSE?

MEDVUC | Immediately apply the skills you learn in the classroom to the clinic! Improve the health of your neighbors through our student-run free clinics.

MEDSPAN/ LATINO HEALTH ELECTIVE
Be prepared to care for an ever-growing patient population. Seminars, simulation, and clinics begin in your first year.

WHAT WE OFFER

Mia Mallery, MD
Associate Dean, Diversity & Inclusion

OFF THE STREETS
Award-winning, evidence-based program serving the needs of women with histories of sex trafficking and exploitation.

URBAN HEALTH PROJECT
Educates, inspires, and challenges students through a paid internship serving vulnerable populations in Cincinnati.

OPEN SCHOOL
The #1 Open School in the nation! See hands on interprofessional care through a weekly community-based clinic.

UTP
Cincinnati Medicine is a leader in so many things. Inclusion is just one of those things. Our students come from everywhere. Different walks of life, ethnic and racial backgrounds, gender identities, and socioeconomic statuses. Our students teach one another to value difference and that enhances who we are. We support student groups, we mentor and counsel our students, provide mentorship for them through the community and provide community service opportunities. Diversity runs deep in Cincinnati and we are a constant resource of support for our students every step of the way.

Cincinnati Medicine is always on the cutting edge. We are one of only 15% of programs with a true LGBTQ curriculum. It prepares us to be advocates and excellent doctors to all our patients.”

— Dr. Mallery

Get an inside look @ why our students are so happy
med.uc.edu/diversity

Be a part of our family! — Dr. Mallery

CROSSROADS CLINIC
Care for > 11,000 underserved Cincinnati in our urban core through primary care specialty services.

MEDMENTORS
Empower Cincinnati youth through mentorship. Be a force of positive change and BE changed by your mentee.
OUR NATIONALY RANKED ACADEMIC HEALTH CENTER

Cincinnati Medical Center is uniquely built atop one of seven hills, overlooking our city from just 3 miles away. Our students have the opportunity to rotate through and experience each of these facilities while they are here.

1. Cincinnati Children’s Hospital Medical Center (<1 mile — 2 minute walk)
2. Cincinnati Department of Veterans Affairs Medical Center (2 miles — 5 minute walk)
3. Shriner’s Hospitals for Children—Cincinnati (3 miles — 6 minute walk)
4. UC Health Holmes Hospital (<1 mile — 2 minute walk)
5. Hoxworth Blood Center (5 miles — 8 minute walk)
6. UC Medical Arts Building (260 ft (< 1 mile) — 1 minute walk)
7. UC College of Medicine
8. UC Gardner Neuroscience Institute (Proximity: Several Steps)
9. UC Allied Health (Proximity: Several Steps)
10. UC College of Pharmacy (Proximity: Several Steps)
11. UC Medical Center (Proximity: Several Steps)

Customize Your Experience Through Research

>70% of our Medcats received funding for their research.

~ 88% complete a poster, presentation, or abstract.

Some of our research programs include:
- MSSRP • SMURF • MSSRF • MSRI • MSSP • UHP

To learn more about our student programs check out: med.uc.edu/academicsupport/research

Ranked No. 40 among research medical schools

700 Annual NIH Research Grants awarded to UC physician scientists

71,000,000 Annual NIH Research Grant awards totaling $71 million

200 Annual NIH Research Grants awarded to UC Health researchers

Other facilities close by:
- Christ Hospital
- Drake Center
- UC West Chester
- St. Elizabeth's
- Tri Health
- Jewish Hospital
- Mayfield Brain & Spine Clinic
STUDENT WELLNESS
My Wellness Plan

THIS WEEK’S FOCUS:
YOU OWE YOURSELF THE LOVE
YOU SO FREELY GIVE TO OTHERS.

1. Fitness goals call shots is 3 times 1600 on 7:00
2. What makes you happy?
3. Interpersonal II
4. Avoid body image
5. My Study Group
6. Study break; dinner/dog therapy
7. Study Salo – UCCCM Library
8. See the Wellness plan for
   1. Personal/12.1.2017
   2. Peer stress
   3. Get these & listen
   4. Don’t be

Notes:

Website:

YEARLY “CURRICULUM”

YEAR 1
Orientation & First Responder training
Fundamentals of Molecular / Cellular Medicine
Musculoskeletal - Interprofessional Experiences
Surface Anatomy - Radiology - Ultrasound
Physician & Society, Clinical Skills, Learning Community
Community Primary Care Clerkship (IPCC)

YEAR 2
Blood/Cardiovascular Interprofessional
Renal / Pulmonary Interprofessional
Gastrointestinal Interprofessional
Endo / Repro Interprofessional
Multi-Systems
USMLE Prep

YEAR 3
Family Medicine
Neurology
Psychiatry
Specialty Elective
Pediatrics
OB/GYN
Specialty Elective
Internal Medicine
General Surgery & Surgical Subspecialties
USMLE Step 1

YEAR 4
Away Electives
Subspecialty Electives & Medical Education Electives
Acting Internships & Subspecialty Electives
Graduating Class
To see how our LPCC provides care to rural communities go to
med.uc.edu/family medical-education
Beginning day one, we are committed to your success through a comprehensive 4-year program that helps you identify your passion and explore your heart. At Cincinnati Medicine, we’re always there when you need us.

**FINDING YOUR MATCH**

**CAREER DEVELOPMENT & ACADEMIC SUPPORT**

1. **UNDERSTAND YOURSELF**
   - Take Advantage of Free Peer-to-Peer Tutoring
   - Plan your Summer Experience
   - Learn About and Use our Wellness Resources
   - Develop your Physician Identity
   - Use AAMC Careers in Medicine (CIM) Resources
   - Personality & Preference Assessments
   - Take our Free Student-Led Board Review
   - Meet with our Test-Taking Specialist (USMLE)
   - Physician & Society Career Development Sessions
   - Monthly Career Trivia
   - Specialty Meetings by Clinical Departments / Programs
   - Student-Led Specialty Interest Groups
   - Explore Specialties through Shadowing

2. **EXPLORE YOUR OPTIONS**
   - MATCH DAY!

3. **CHOOSE A SPECIALTY**
   - Let your Advisor Help you Find your Fit
   - Consider the Need for Specialty Specific Research
   - Share your Knowledge as a Tutor
   - Clinical Rotations
   - Specialty Advisor Meetings
   - Careers in Medicine (CIM) Specialty Resources

4. **PREPARE FOR RESIDENCY**
   - Get One-on-One Advice from your Advisors
   - Use our Free USMLE Study Resources
   - Residency Mock Interviews
   - Specialty Advisor Meetings
   - Attend Class Meetings

**Cincinnati Medicine is a warm, supportive, energetic place where I felt free to quickly and easily develop my skills as a leader, caring physician, and explore other interests too. No matter what specialty you choose, Cincinnati has an abundance of resources for you to make it happen!**

Candice, UCCOM Grad

**“I can EXCLAIM without an ounce of hesitation that training you will receive will prepare you for a rigorous residency! It made me a standout resident at my hospital. The opportunities that are available - beginning your first day at UCCOM - are truly endless.”**

Marcus, UCCOM Grad
“Being born and raised in Puerto Rico, I didn’t think I would find another place that feels like home. I feel at home here in Cincinnati. There is a big city feel, but it is not overwhelming. Here there is always something to do whether it is exploring the local scene or attending a professional sporting event like the W&S Open!”

Julia, M2